

REGISTRATION

Please register early!

Registration

Your registration includes 12 hours of Continuing Education from DONA International.

Register and pay online via our website <https://www.sandiegocountymidwives.com/advanced-doula-training-home-birth/>

Or complete this registration form and submit the full amount of \$300 to reserve a spot in the workshop. **Registration postmarked ONE week prior to the course will be \$300.** Late registration (on a space available basis) is possible, for an additional fee of \$40.

Important Cancellation Information: If cancellation is received in writing by one week prior to workshop, a full refund less a \$40.00 administrative fee will be refunded. After that time, no refunds will be given; however, you may designate a substitute to use your registration or transfer it to another training within 1 year of the cancelled training.

Workshop Preparation

Participants should plan to:

- Doula Home Birth Questionnaire at <https://www.sandiegocountymidwives.com/advanced-doula-training-questionnaire/>
Please have this completed within 1 week of the training
- Have read in advance The 5 Languages of Appreciation in the Workplace by Chapman & White or The Five Love Languages, Gary Chapman or reviewed the website <http://5lovelanguages.com>

Location

San Diego County Midwives
3914 Murphy Canyon Road,
Ste. 138-A
San Diego, CA 92123
Ph. 858.278.2930

Please park either in front or behind the building and come right in. We look forward to seeing you soon! Wear comfortable clothes and feel free to bring your pillows or whatever will help you do your work as a doula.

Meals, snacks, beverages

You may bring lunch for yourself (small refrigerator & microwave available) or there are many eating establishments nearby.

Name _____

Address _____

City/State/Zip _____

Phone _____

Email _____

Profession _____

Birth experience? _____

Payment Methods:

- **Cash App**
C a s h . m e / \$ S D C M i d w i v e s
- **Pay Pal**
- **Check/money order payable to SDCM can be sent to Gerri's address below:**
Gerri Ryan
275 S Worthington, #120,
Spring Valley, CA 91977

Enclosed is my registration for Advanced Doula Workshop

Full Labor Course Registration Fee \$300.00

12 hrs DONA Continuing Education

Late Signup fee (after 7 days prior to course) \$ 40.00

Total Enclosed \$ _____

****Reminder: Cancellations will be subject to fee of \$40 as long as request is made 7 days prior to start of training or your deposit may be applied for a ONE-TIME transfer toward a future Home Birth doula training of your choice within 1 year of the previously booked training.**

San Diego County Midwives



Providing birth doula services for families in your community is an honor and a gift.

Consider expanding your passion for women at this most wonderful and vulnerable time in their life. Specializing in home birth techniques and communication skills enhances your doula role for the community!

Learn from home birth midwives!

This is a DONA approved Advanced Doula Training with 12 hours of Continuing Education.

Advanced Doula Training Home Birth

2 – DAY WORKSHOP

May 4 - 5, 2019

August 10 - 11, 2019

October 11 - 12, 2019

Labor Support Course Formats

This workshop discusses:

In-depth labor support strategies, the role of the doula within the community medical framework, guidelines for pre- and post-natal contact with the birth team, how to deal with problem labors and hospital transfer. The course uses pre-course questionnaires, videos, supplementary literature, role-play scenarios to enhance communication, and teach practical skills.

Questions about the workshop?

Email us via our website

<https://www.sandiegocountymidwives.com/advanced-doula-training-home-birth/>

Advanced Doula Training Home Birth

Evening 6:00 PM to 9:00 PM:

Every training is personalized and is a collaboration of the group's experiences described in their questionnaires and the instructor's in depth knowledge and experience of home birth. The evening is an exploration of the doula's feelings, experiences and/or concerns with home birth.

Saturday or Sunday 8:00 AM to 5:30 PM:

The training is designed to enhance your skills in community based birth. Assisting doulas to recognize various communication styles and how they impact team work. Doulas will explore the differences and similarities of community birth to institutional birth. Emphasis is placed on the importance of appropriate, culturally sensitive and ethical support of birthing families regardless of their selected birth space. We will help you develop advanced birth doula abilities and skills. Videos as well as scenarios will be used to enhance the learning process. Participants learn how to support women and their partners in coping with both complicated and uncomplicated labors at home, as well as unexpected hospital transfers.

The Doula Trainers

Gerri Ryan, LM, CPM, FACCE, CD (DONA) is an educator and practicing midwife with doula experience in hospital, home and birth center settings. She is the founder of San Diego Birth Network, a non-profit association of birth practitioners and served as Executive Director of Nizhoni Institute of Midwifery for many years. She is currently focusing on her home birth private practice.

Heather LeMaster, LM, CPM is an educator and practicing midwife with doula experience in hospital, home and birth center. She worked as birth assistant for several years at Best Start Birth Center and was Clinical Education Leader at Nizhoni Institute of Midwifery focusing on midwifery student skill acquisition. She is currently focusing on her home birth private practice.

Guest speakers may include doulas from the community experienced in home birth to share their thoughts, experiences and best practices.